

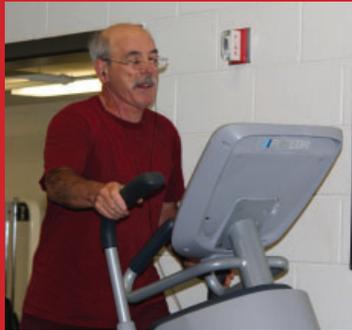
River Road Park

September 2021

The BUZZ

Welcome to *"The Buzz"* ~ River Road Park's monthly newsletter designed to keep you up to date with park news and more in touch with your community.

Blast from the past...



"It's my Dad's birthday tomorrow. I'm pretty sure he's going to be twelve. "

Paige 2017



COMMUNITY SPOTLIGHT

Laurena Mataua was born and raised in Durango, Colorado. She moved to Eugene in February of 2020 and shortly thereafter began working for the Park District (one month prior to our COVID-19 shut-down) on March 13th. Fortunately, the shutdown didn't scare her off and she has become an integral part of our afterschool and summer camp team. She especially likes working with middle school youth and this summer served as our Team Leader for middle school camp. One of the things she enjoyed most about this summer was the camaraderie that group developed with each other as they all had shared their cell phone numbers and were texting by the 2nd week of camp. "They really formed a group bond and were kind to one another". Her second favorite adventure with the group was rafting the Mckenzie River in August. Laurena is really happy to work for the District and has felt a sense of belonging in this community. She enjoys the great atmosphere and how nice and welcoming everyone is. "I know the kids actually like me even though they pretend they don't." Laurena plans to return to school in the future to get her teaching degree so that she can become a Middle School Teacher.

In her spare time Laurena likes to read and paint. She is "mom" to Charlie her dog and Luna her cat. She and her partner are planning on a summer wedding in Durango where their families can come together to celebrate, laugh and enjoy one another.



Middle School Summer Camp Quotes

Casey: "Everyone should come to middle school camp. There's something new everyday."

Freya: "My favorite part was rafting because I hadn't done it before and I got to make friends during the first week."

Devon: "Going bowling and to Defy was my favorite part because we all got to hang out together and it wasn't something you do every day."

Derek: "Middle school camp is way more fun than just sitting at home during the summer."

East Meets West: Tai Chi for Balance

Combines movement, balance, strength, and awareness! Class blends alignment and breath work with variations on core and upper body exercises. This exercise program combines movement activities from evidence-based exercises or therapies aimed at promoting mental and physical health. Instructor: Denise Thomas.

MWF 2-3p



September EVENTS

9/1 Registration for the **Holiday Bazaar** begins at 10am. Need to fill out an [application](#).

Adult Day Trips

Mt Hood Escape

9/12 Su 8:30a-6:30p \$75

Salmon Bake

9/18 Sa 8:30a-5:30p \$60

Fall Fiesta

9/22 W 4:30-7p \$5

9/13 Maintenance is done! The pool and fitness center is back and open for business.

9/16 Rhine River Cruise **Document Party**

9/17 Grab & Go Meal

Option 1 Kalua Pork Yakisoba Noodles Mac Salad

Option 2 Teriyaki Chicken Yakisoba Noodles Mac Salad

\$12 In honor of national gymnastics day on 9/18.

9/20 The **Fall program** will be mailed out and in the office.

9/26-10/6 - Adult Group Travel ~ **Rhine River Cruise** departs

9/28 **Cafe 60** is opening up for meal grab & go at the Annex on Tuesday and Thursday! Call to order your meal.

Saturday Swim Lessons are available this Fall!!

Family Recipe

Mom's Chili Recipe ~ Don Miller

In a large (4 quart or larger pot)

1 small onion - chopped

1/2 green pepper - chopped

2 small cloves garlic - chopped

Brown slightly in oil

Add 1 lb hamburger, and brown

Put in 2 - 30 oz cans chili beans and 1 - 16 oz can chopped or diced tomatoes

Add 1 small (8 oz) can tomato SAUCE.

Add salt, pepper, and chili powder to taste

Simmer 1 - 2 hours.

ADDITIONAL NOTES

Serve with corn bread, garlic bread, or cheesy bread. I put the spice jar of chili powder on the table so folks can add more heat if they prefer. I fix this in an 8 qt pot, and double everything in the recipe, except the hamburger. I increase to 3 lbs because I like a meaty chili, and this freezes very well, so you can put containers in the freezer for future use. For beans, I like to use the tri-bean (kidney, pinto, and black) blend that I found at Fred Meyer, but use what you like.

For a starting point on seasoning, I add 1/2 teaspoon salt, 1/2 teaspoon pepper, and 1 Tablespoon + 1/2 teaspoon chili powder.



Youth Mural Project 2021

Thank you Melanie and Lisa!!



Thank you to our partners for supporting River Road Park District



A New Salon & Style

Full Service Salon
1021 Maxwell Road
541-688-7155

www.anewsalonandstyle21.com
The salon is open 5 days a week 10a-5:30p. (Tu-Sa)

